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2014 MOUNTAIN PACIFIC SPORTS FEDERATION ALL-MPSF WOMEN'S LACROSSE SELECTIONS

2014 MPSF Player of the Year

HANNAH FARR • #9 • JUNIOR • MIDFIELD • STANFORD



Stanford junior midfielder **Hannah Farr** (Hillsborough, CA/St. Ignatius Prep) leads the Cardinal in draw controls (39), shares the lead in goals (27), and ranks third on the team in assists (8), points (35), and ground balls (27). She is one of two Stanford players listed amongst the team's top-five in goals, assists, points, ground balls, draws, and caused turnovers. Farr delivered multiple-goals in all five of Stanford's games against IWLCA Top-20 opponents this year, and is the MPSF leader in game-winners with four. A three-time first-team all-conference selection, Farr also becomes the first MPSF Lacrosse player all-time to be in possession of both an MPSF Tournament MVP (2013) and player of the year award in her career. Stanford now owns four MPSF Player of the Year awards, (Leslie Foard-2011; Lauren Schmidt-'09 &'10).

2014 MPSF Rookie of the Year

PAIGE SOENKSEN • #1 • FRESHMAN • GOALKEEPER • COLORADO



Colorado freshman goalkeeper **Paige Soenksen** (Encinitas, CA/La Costa Canyon HS) had a strong impact on the Buffs' inaugural season, as the team won 10 regular season games and earned a three seed for the MPSF Tournament. She is ranked third nationally in saves (177), saves per game (10.41) and save percentage (.524). Soenksen recorded her career-high and 2014 MPSF-High tying 19 saves at Stanford, leading to the first of her two rookie of the week honors on April 7. She had an incredible .609 save percentage in two games that weekend. Soenksen repeated her conference rookie of the week honor on April 14, anchoring a defense in a pair of MPSF overtime wins. She combined for 27 saves against USC and San Diego State, including five in OT against the latter and one just before the end of regulation against the former to force OT.

2014 MPSF Coach of the Year

LIZA KELLY • EIGHTH YEAR • DENVER



Head Coach **Liza Kelly** repeats coach of the year honors from last year, leading the **University of Denver** to a second-straight 16-1 regular season record in 2014. In eight years as Pioneer Head Coach, five have resulted in unbeaten conference schedules. As was the case in 2013, 20th-ranked Denver owns a 14-game winning streak entering the MPSF Championship Tournament. The Pioneers can be found amongst this year's NCAA team leaders in several categories. Their .941 win percentage is tied for second in NCAA Division I. The team ranks seventh in the nation in scoring defense, allowing 7.47 goals per game. Denver is also tied for 13th in caused turnovers per game (9.82), 15th in points (313), and tied for 17th in scoring margin (+ 5 per game). To date, Kelly is 105-40 overall at DU (.724), and 48-4 (.923) in conference games.

ALL-MPSF FIRST-TEAM

<i>Student-Athlete</i>	<i>No.</i>	<i>Year</i>	<i>Position</i>	<i>School</i>	<i>Hometown/Last School</i>
Hannah Farr (POY)	9	Junior	Midfield	Stanford	Hillsborough, CA/St. Ignatius Prep
Jill Remenapp	7	Junior	Attacker	Denver	Woodbine, MD/Century HS
Rachel Ozer	3	R-Junior	Attacker	Stanford	Moraga, CA/Campolindo HS
Shannon Propst	36	Senior	Attacker	Oregon	Bel Air, MD/Fallston HS
Johnna Fusco	16	Freshman	Attacker	Colorado	Marietta, GA/Lassiter HS
Lucy Dikeou	32	Sophomore	Midfield	Stanford	Denver, CO/Kent Denver HS
Amanda Johansen	7	Sophomore	Midfield	USC	Glen Head, NY/ North Shore HS
Sonorah Vinyard	9	Senior	Defender	Denver	Denver, CO/Red Rocks CC
Megan Lerner	23	Senior	Defender	Stanford	Lutherville, MD/McDonogh School
Adrienne Anderson	8	Sophomore	Defender	Stanford	Rancho Santa Margarita, CA/Santa Margarita Catholic
Alison Scharkey	28	Sophomore	Defender	Oregon	Yorba Linda, CA/Esperanza HS
Hannah Hook	44	R-Junior	Goalkeeper	Denver	Arnold, MD/Severn School
Caroline de Lyra	25	Sophomore	Attacker	USC	Brightwaters, NY/Bay Shore HS
Megan Armes	7	Junior	Defender	St. Mary's	Mission Viejo, CA/Mission Viejo HS
Meredith Harris	8	Senior	Attacker	Denver	Middleburg, VA/Foxcroft School
Paige Soenksen	1	Freshman	Goalkeeper	Colorado	Encinitas, CA/La Costa Canyon HS

ALL-MPSF SECOND-TEAM

<i>Student-Athlete</i>	<i>No.</i>	<i>Year</i>	<i>Position</i>	<i>School</i>	<i>Hometown/Last School</i>
Elizabeth Landry	12	Junior	Attacker	UC Davis	Lafayette, CA/Acalanes HS
Alex Moore	30	Freshman	Attacker	USC	Millstone Township, NJ/Allentown HS
Michaela Jarvis	23	Junior	Attacker	San Diego State	Annapolis, MD/St. Mary's HS
Kara Concheck	8	Senior	Attacker	Fresno State	Columbus, OH/Wellington School
Marie Moore	2	Freshman	Midfield	Colorado	Brick, NJ/Brick Memorial HS
Carly O'Connell	12	Sophomore	Midfield	Oregon	Southborough, MA/Algonquin Regional
Christina Ricciardulli	14	Junior	Midfield	San Diego State	Poway, CA/Poway HS
Courtney Tarleton	1	Sophomore	Defender	USC	Ridgewood, NJ/Ridgewood HS
Nina Kelty	47	Freshman	Defender	USC	Palo Alto, CA/Palo Alto HS
Lauren Paul	17	Junior	Defender	San Diego State	Grasonville, MD/St. Peter's & Paul HS
Layne Voorhees	11	Freshman	Defender	Denver	Alexandria, VA/Saints HS
Caroline Federighi	30	Senior	Goalkeeper	Oregon	Pleasanton, CA/Amador Valley HS
Gaby Christman	15	Junior	Midfield	California	Simsbury, CT/Westminster School
Nikki Puszc	7	Senior	Midfield	Oregon	Towson, MD/Maryvale Prep
Rachel Minarovich	14	Senior	Midfield	St. Mary's	San Diego, CA/Fresno State
Meg Lentz	6	Sophomore	Midfield	Stanford	Cleveland Heights, OH/Cleveland Hts. HS